

# Little Nine Heaven Internal Kung Fu

April 2019



## Little Nine Heaven Retreat Is Coming Back

*In this newsletter I am writing on something I feel very strong about. The words "I LOVE YOU" I have worked with many men and women in my teachings and listen how many of them have used these three words for their own gratification to convince a person they love them to get what they want. Using these word wrongly can caused pain, suffering, sadness, shame and loneliness. I don't believe anybody should experience those feeling. I feel this is wrong. We all desire to truly love and be loved.*

### Inside This Issue

*Love 2-3*

*Future of Little Nine Heaven 4*

*Upcoming Seminars 5*



## "I Love You"

Summer is coming we will be outside playing or visiting family and relatives here or in another country. Let us all try to do better, help our friends and our family to be happy, and not to let our beliefs, race, religion, or color get in the way of making new friends. Follow the golden rule, "Do unto others as you would have them do to you." Take time to give a little feeling of love, and help the less fortunate. The love of being with friends and relatives brings much joy and happiness to everyone. We are constantly trying to keep up with the rat race of life, but we forget to take a minute to stop and live out the qualities we were taught is children: "Love thy neighbor as you would love yourself."



夏天来了，我们将在外面玩或探访这里或其他国家的家人和亲戚。让我们都努力做得更好，帮助我们的朋友和家人幸福，不要让我们的信仰，种族，宗教或肤色妨碍结交新朋友。遵循黄金法则，“你愿意别人怎样待你，你也怎样待人。”花点时间给予一些爱的感觉，并帮助那些不幸的人。与亲朋好友在一起的爱给，会每个人带来许多快乐和幸福。我们一直在努力跟上生活，但我们忘记了花一点时间停下来，活出生活的品质，就像曾经教孩子们的时候说：“像爱自己一样爱你的邻居。”

**This very powerful four letter word that is so beautiful has caused many of us different kinds of feelings. It has brought happiness, sadness, loneliness, jealousy, and pain. This powerful word is LOVE.**

这非常强大的四个字母字如此美丽，已经引起了我们许多不同的感受。它带来了快乐，悲伤，孤独，嫉妒和痛苦。这个有能量的词是爱。



**There are different kinds of love. Like the love for your husband, wife, love one, children, close relative, or a close friend. It could also be a love for a place, or an animal, or a love of doing something. But the most powerful love of all is when a couple is holding each other, looking into each other's eyes, and from the bottom of your heart you say I LOVE YOU. These three words alone say it all: I LOVE YOU**

这个世上有各种各样的爱。就像对你丈夫，妻子，爱人，孩子，亲戚或亲密朋友的爱。它也可能是对某个地方，动物或对某事物的热爱。但是所有这些爱中，最强烈的爱就是当一对夫妇互相抱着，看着对方的眼睛，并从内心深处说我爱你。仅这三个词就说明了一切：我爱你



## “I Love You” cont.

The words “I Love You “ should be sacred; it is spoken and written in many different languages. Я люблю тебя in Russian - älskar dig in Swedish - Te quiero in Spanish - Ti amo in Italian - Je t'aime in French - mahal kita in Filipino - Ich liebe dich in German - Seni seviyorum in Turkish - Tôi yêu bạn in Vietnamese - ฉันรักเธอ in Thai - わたしは、あなたを愛してい in Japanese and 我爱你 in Chinese. There are many other countries in this beautiful world of ours where people also say these same words in their language just as in English we say, “I Love YOU.”



“我爱你”这个词应该是神圣的;它有多种语言进行表达和书写。俄语 “Я люблю тебя”- 瑞典语 “älskar dig” - 西班牙语 “Te quiero” - 意大利语 “Ti amo” - 法语 “Je t'aime” - 菲律宾语 “mahal kita” - 德语 “Ich liebe dich” - 土耳其语 “Seni seviyorum” - 越南语 “Tôi yêu bạn” - 泰语 “ฉันรักเธอ” - 日语 “わたしは、あなたを愛してい” 和中文, “我爱你”。在我们这个美丽世界上还有许多其他国家的人们用自己的语言说这句话, 就像我们用英语说, I Love YOU”。



Even though these three special words are spelled and sound different in different countries, people are people all over the world and we all have the same love, joys, feelings, hope and dreams this one phrase about Love will bring much happiness and joy in the months to come to all of us. So after reading this little note I hope that all of you will turn to your loved one or loved ones and say from the bottom of your heart with feeling “I LOVE YOU” in your own language. If your loved one is far away, then give him/her a call and say I LOVE YOU and I miss you very much.

虽然这三个特殊的字在不同的国家拼写和发音都不同, 但全世界的人都有相同的爱, 欢乐, 感情, 希望和梦想。这一个关于爱的词语将在未来几个月带给许多人快乐和喜悦。因此, 在阅读完这篇文章之后, 我希望你们所有人都能转向你们所爱的人们, 并用自己的语言从心底说出“我爱你”。如果你爱的人很远, 那就给他/她打电话说我爱你, 我非常想念你。





## Future Plans for Little Nine Heaven

To My Students and Friends,

As you know a few years ago, our L9H Office was burned down. Little Nine Heaven is opening a new office in the mountains of Banning, California where we can visit, train, and teach. I am asking everyone if they can donate whatever you can afford to help build our retreat. In the near future, we will be adding a small house and training hall. For those who kindly donate you can write a check payable to Little Nine Heaven Inc. We have found a large motor home for \$7,000.00 so we can establish an office and place for students and teachers to stay. You may also PayPal [akumra89@gmail.com](mailto:akumra89@gmail.com). Send checks to:

Little Nine Heaven Inc.  
5268 Kalmia Street  
San Diego, CA 92105

致我的学生和朋友，

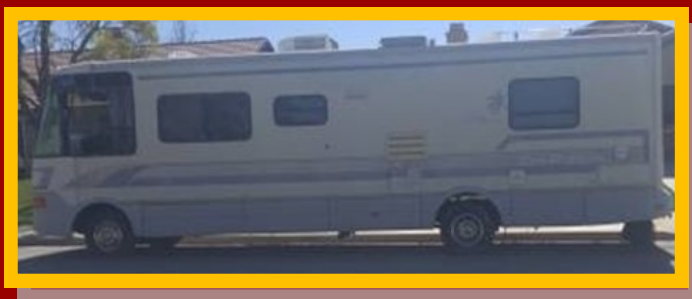
你知道，几年前，我们的小九天办公室被烧毁了。小九天正在Banning California山区开设一个新办公室，我们可以去那里参观，训练和教学。我想请问大家是否可以捐出任何你能负担得起的东西来帮助建立我们的培训基地。在不久的将来，我们将增加一个小房子和培训大厅。如果您愿意捐赠，可以给詹姆斯麦克尼尔写一张支票，备注写“新办公室”。我们找到了一个7,000.00美元的大型房车作为办公室，同时可以提供学生和老师训练的场所。您也可以使用PayPal [akumra89@gmail.com](mailto:akumra89@gmail.com)。发送支票给：

Little Nine Heaven Inc.  
5268 Kalmia Street  
San Diego, CA 92105



Old burned down

旧的烧毁了办公室



New l9h Office

新的小九天办公室

## Upcoming Classes In 2019

**May 2019**

**2019年5月**

**Chicago, Illinois**

**May 10 to 21st**

**5月10日至21日**

**Shih Shui Kung & Chi Kung**

**伊利诺伊州芝加哥**

**Shi Shui Kung 和 Chi Kung**

**JUNE 2019**

**2019年6月**

**Bangkok, Thailand**

**(1 Opening Left!)**

**泰国曼谷**

**May 27<sup>th</sup> to June 10<sup>th</sup>**

**5月27日至6月10日**

**Shih Shui Kung & Taoist**

**Lovemaking**

**Shi Shui Kung和Taoist 做爱**

**July 2019**

**2019年7月**

**Banning, California**

**(5 Openings Left)**

**加利福尼亚州班宁市**

**Dates Pending**

**日期待定**

**Kung-Fu**

**功夫**

**La Jolla, California**

**加利福尼亚州拉霍亚**

**June 17<sup>th</sup>**

**2019年7月**

**Student's Wedding**

**学生的婚礼**

**Please Contact [siful9h@gmail.com](mailto:siful9h@gmail.com) to reserve your spot!**

