Little Nine Heaven Internal Kung Fu





My Journey Pt. 3

If you are interested in my life story you can find part of it by going to <u>www.onemansdestiny.com</u>

This is a 4 part newsletter. This newsletter talks about after I started kung fu and my international travels. I never really invested in advertising and most of my students in the United States and abroad found me through my website or by word of mouth. Throughout my time as a kung fu teacher, I've always taught the same way that my teachers taught me as it is important for me to keep their systems pure.

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Not all of my trips have been positive ones. In 2005, I went to teach in a town outside of London called Clacton on Sea in Essex. A previous student of mine, Keith, was running a kung fu school. He told all of his friends in the local kung fu community that he was one of my best students, however he had only trained with me for a month. He would lie and make claims that he learned advance Hsing-I from me and that he was one of my best students. At tournaments, other instructors would see that his skill was terrible. This in turn hurt my reputation among other martial artist in London.



In 2006, I decided to return and give a free seminar for local martial artists and black belts who taught kung fu in order to clear up any misunderstandings put forth by this instructor. The local martial artists were impressed with my skills and realized the other instructor was lying to promote himself. Of course I do not teach Keith any more.

In 2008, I traveled to a small town called Syzran. The town was a two hour flight outside of Moscow. I taught three gentlemen Shih Shui, massage, chi kung, and Taoist Lovemaking. We all became very good friends.



They had me come back several times in 2011, 2012, 2013, 2015, and 2016. I enjoyed every visit and even attended one of my student's birthday parties. It was one of the best parties I've ever attended and I was truly honored. It was always an honor being with them. Not only did they train very hard, but we also had a great time together. I miss their company.



In 2009, I was invited to teach a man in Moscow. He was already teaching a group of students other systems of kung fu and wanted to learn more styles. I taught him Splashing Hands, Iron Hand, a little bit of Little Nine Heaven, and lovemaking. Even though he trained hard when I was there, he would slack up after I left. He invited me back in 2011, 2012, and 2014. We spent a lot of time correcting things I had previously taught him before. However, he was very nice and always treated me very well and with respect.



In 2009 I also went to Manchester England to teach at my student Andrew's kung fu school. Andrew is a great kung fu instructor as well as Doctor of Oriental Medicine.



I stayed at his home with him and his beautiful wife Julie. They always treated me with much respect and kindness. I was very impressed with his students as they trained harder than most of my students. They were all great.



My Journey cont.

In 2009, I also traveled to Madrid, Spain to teach a seminar on Taoist Lovemaking, Chen Tai Chi, and Splashing Hands. We also produced a Splashing Hands DVD in Spanish during the trip. We visited a couple of other kung fu school where I taught and spoke about kung fu. I met a lot of beautiful people on that trip and I hope that one day I can meet them all again.







The same year I traveled to Ireland to teach one of my students who was living there at the time. After training, we would sightsee. We visited a couple of old castles, and of course, we would have a few pints of Guinness beer. After he got what he wanted, he left thinking he knew everything. Like many other students they come and go.





The next month, I traveled to Portugal to give a class on Taoist Lovemaking. It was a two-day class that lasted 4 hour per day. Everyone enjoyed themselves and had such a great time. We also practiced a little Chen Tai Chi. The students were great and we all became friends. One thing I can say about the people of Portugal is that they love life and have immense pride in country.

In 2009, I traveled to Odessa, Ukraine for the first time. I was picked up by a girlfriend of my student's wife. She was very beautiful and curious about a book I wrote. She dropped me at my room and to my surprise she came knocking on my door around 7:00pm. That first night was very interesting as we drank wine and talked until 4:00 am. She told me, "I am convinced you're the best!" The next day I found out she told her girlfriend everything about me. Odessa is a beautiful country with many beautiful people. I had a student learning Shih Shui and some chi kung exercises. He was a great guy that had a beautiful wife and two lovely daughters. They were fun to be around and we got to know each other very well. I gave him a copy of my book *Medicine With In Our Bodies* which he had translated into Russia. He trained hard and became a great student and friend.



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My Journey Cont.

I gained other students while in Ukraine. On some visits, I would bring some of my students from the U.S. to Odessa. They would all train hard and had fun. One student even fell in love with a lady during a visit and eventually married her. I went back to Odessa again 2010, 2011, 2012 and 2014.

> In 2010, I went to Turkey to teach two of my students from Moscow. They trained hard and we had a great time. They put me up in a wonderful hotel only a short walk from the

Black Sea. There were six swimming pools, all you can eat, and all you can drink for free. We started training at 9:00 am after breakfast and practiced Splashing Hands. They both practiced hard and we had a great time. The hotel was so big, we didn't do any sightseeing. We spent our days exercising, eating, going to the sauna, and getting massages.

In 2010, I had the idea to bring my students to Bangkok, Thailand to learn Taoist Lovemaking. They loved the idea as Thailand is a beautiful country and the people are so welcoming. They call it the land of smiles for a reason. In 2011, I had my first class in Thailand. I brought 5 students who wanted to learn Taoist Lovemaking. Each student found their own girlfriend and I trained each couple 2-3 hours per day for 2 weeks. It was a great, however I realized that teaching 12-14 hours per day leaves me with no time for myself.

Even so, we all had a great time and my students learned a lot. The lovely ladies in Thailand hated that we had to leave and expressed that they were never treated so well by a group of men before. The Taoist Lovemaking class became so popular that I have held a class every year from 2011-2018. Besides lovemaking, we also made time to practice our kung fu (Splashing Hands, Hsing-I, Chen Tai Chi, Little Nine Heaven). My students all practiced hard during the day and enjoyed having fun in the city at night.













My Journey Cont.

In 2011, I went to Germany to teach two men. One man lived in Germany with his lovely wife and two children. The other man was from Denmark whom I trained before in Thailand. We did a little sightseeing and went to the red light district which was very interesting. Germany is a beautiful place to visit. Both of the students practiced Shih Shui and one practiced lovemaking with his wife. I had the opportunity to travel to France while in Germany to teach one man Splashing Hands. Unfortunately he quit early as Splashing Hands was too difficult for him. He decided to try and learn other styles of kung fu, but said Splashing Hand was the fastest system he has ever known or seen.



NHT Global

I started a new business hoping it can also help some of our friends and kung Fu brothers and sisters make their future a happier and brighter one. Yes it is not for everyone it is only for the ones who want to try hard, retire sooner and have the things they always wanted in life.

- 1. Do you find yourself working harder but not getting ahead?
- 2. Failing to meet your health & wellness goals?
- 3. Wanting more out of life? YES
- 4. So did I that's why I joined NHT Global
- 5. These products are fantastic and they work.
- 6. It has already made a difference in my life.
- 7. You can join ANYWHERE in the world. They are worldwide.

If you are interested in making your future a brighter and healthier one, Please visit my online store for more information.

https://littlenineheaven.com/shop/herbal-products/



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<u>Upcoming Seminars</u>

<u>OCTOBER</u>

China

October 10th to 22nd Class trip to Beijing, Yi Wu-Lü Mountain, Grandmaster Chiao's home, San Qin Temple (where he trained), Shanghai, Cheng Du, Hangzhou, Suzhou, and Peng Zu's temple JANUARY San Diego, CA Jaunary 2nd to 12th Shih Shui Bangkok, Thailand January 22nd to 31st Chi Kung, Kung Fu

