

Little Nine Heaven Internal Kung Fu

August 2018



My Journey Pt. 1

If you are interested on my life story you can find part of it by going to www.onemansdestiny.com

This is a 3 part newsletter. This newsletter talks about after I started kung fu and my international travels. I never really invested in advertising and most of my students in the United States and abroad found me through my website or by word of mouth. Throughout my time as a kung fu teacher, I've always taught the same way that my teachers taught me as it is important for me to keep their systems pure.

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I have always been a simple man and I live by the truth. I was born in a little town called Webster Groves, Missouri. A few years after I got out of high school, my father got me a job driving a beer truck with his company. After a while, I found a job with a better trucking company called Garrett Freight lines. I planned on keeping my career with the company. I would be able to retire with them and make a good living.

I started the job at Garrett Freight Lines in 1964. Everything was going well, but in 1965 I tragically lost my son. He was murdered by my then ex-wife. I was severely depressed after losing my son and my brother Frank saw what I was going through. Trying to get my mind off of it, he convinced me to meet his kung fu teacher Master Haumea F. Lefiti (Tiny). In 1968, I started kung fu with Tiny I stayed and trained hard until his death in 1973.

After Tiny died, I started training with Master Ralph Shun. After 5 years, I left Master Shun's school and started training with Master Hsu Hong-Chi. Every year



Master Hsu would come to the U.S. to visit his students and grand students. One day in 1977, he came to my house in Stanton, California to visit me. It was not a custom for the old masters to visit their grandstudent's homes, but I was honored by it. We talked about kung fu and my life before I started kung fu and shih shui. I also told him about the vision I had when I was just a young boy in Missouri. He told me that in my past life I was a kung fu practitioner and master of the Iron Hand.



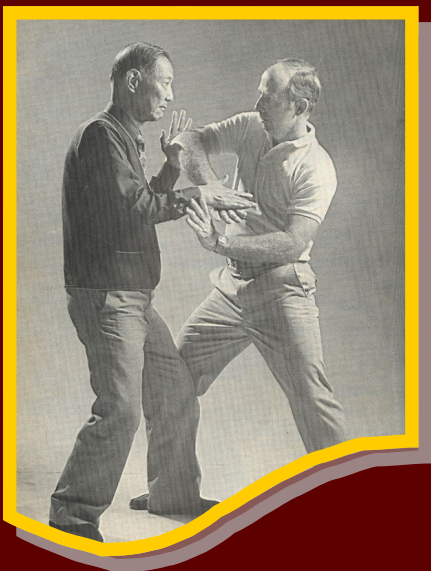
He also said when he first saw me in the kung fu school in Torrance, he had this strange feeling that he knew me in another life. He told me that pursuing kung fu was my destiny and that I would have to train harder than any other student. He said that many would be jealous of me and that I must learn to endure, be humble, and be polite or I would never make it.



In 1978, I took my first flight in an airplane from Los Angeles to Taipei, Taiwan to study under Master Hsu. When I arrived, Master Hsu was waiting for me at the airport. I stayed at his house and he gave me a key to the school. He told me that I was to train every morning

My Journey (Continued)

until lunchtime. He came down often to correct me. We had good times together and he taught me many things. I would go there every year until his death in 1984. I had met Master Chiao Chang-Hung through my senior brother Carl Kao who studied with Master Chiao. Carl asked Master Chiao on my behalf if he would accept me as a student. He said that he was retired and did not take new students. However, Master Chiao said that I should learn from the best of the best and introduced me to Master



Pan Wing-Chou and Master Ching Chi-Yin. He said that they are the best in their systems which were Chen Tai-Chi and Tzu Men Chuan. I would visit Taiwan for three weeks at a time and studied with them every day. Master Chiao would sometimes come and watch us practice. One day after my class he asked if I wanted to be his student. I almost cried. I bowed and said YES master.

Next month I will talk about the many countries I've traveled to.

Little Nine Heaven Incorporated

We would like to thank everyone who has donated to Little Nine Heaven Inc. Your continued support is pivotal to our success. All donations are tax deductible and support our mission to preserve these precious systems.

You can donate by visiting www.littlenineheaven.org

We are happy to announce that we have set up a page through www.yourcause.com. Many companies have matching contribution programs for donations to non-profits. You can find Little Nine Heaven through your company's [yourcause.com](http://www.yourcause.com) portal by searching for our EIN number 82-2791646.



Upcoming Seminars

AUGUST

Copenhagen, Denmark

July 30th to August 15th

Shih Shui/Taoist

Lovemaking

Beijing, China

August 22nd to 31st

Shih Shui/ Private lessons

Irvine, California

SEPTEMBER

Deerfield, Illinois

September 14th to 24th

Shih Shui/Chi Kung

OCTOBER

China

October 10th to 22nd

Class trip to Beijing, Yi Wu-Lü
Mountain, Grandmaster Chiao's home,
San Qin Temple (where he trained),
Shanghai, Cheng Du, Hangzhou, Su-
zhou, and Peng Zu's temple

