

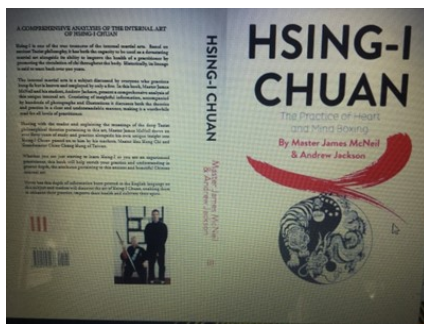
Little Nine Heaven Internal Kung-Fu

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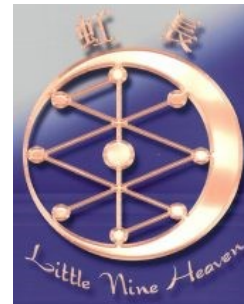
Hsing-I Chuan Internal Kung-Fu



OUT with the old!



IN with the new!



Today, Hsing-I is one of the more widely known systems of Kung Fu. With many schools teaching their own systems of Hsing-I, I am happy to see that there are many students practicing this deep and valuable art. When I began learning Hsing-I from my teachers, it was not a very popular system in the United States and I had the privilege of learning an old style of this system. In 1987, I was one of the first teachers to write articles on Hsing-I for Inside Kung Fu Magazine. By 1992, I wrote my first book on Hsing-I Kung Fu with the intention of detailing the old style of Hsing-I taught to me by Masters Hsu Hong-Chi and Chiao

Chang-Hung. I finished writing the book in great detail and presented it to Inside Kung Fu Magazine for editing who would in turn send it to a publisher for printing. We had agreed that when the edited copy was ready to be published, I would approve the final copy before printing. Unfortunately, I wasn't notified that the editing was completed and it was sent to the publisher for printing without getting the chance to approve it. I was upset but they assured me and I trusted that it would be done correctly.

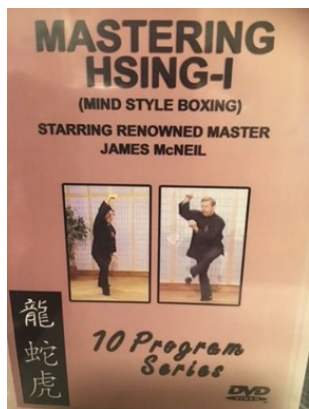
A few months later I received my copy. It was terrible, leaving out at least 35 pages including forms, pictures, names of teachers, and details that are important to preserve the lineage of our system. I called the publisher and they assured me yet again that they would correct these mistakes on the next order, however they didn't. For many years I was disappointed with how my book turned out. I feel that the information was good but there was so much that was left out. I moved on from the book and in 2009, I produced a 10 series set of instructional videos on Hsing-I.

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I was proud of the content and quality of these videos. They gained notoriety and was chosen by many magazines as the best instructional videos in Hsing-I on the market.



In 2014, I got together with my students Andrew and Julie Jackson who own and run a Little Nine Heaven school in Manchester, UK. They proposed that we do what I wanted to do years ago

and write most comprehensive book on Hsing-I ever written. I was excited that we could add everything that was left out years ago! So we got started and I sent Andrew all of my information from the first Hsing-I book as well as the pages left out by Inside Kung Fu. In addition, Andrew added many important things he learned about five element theory from his practice as an acupuncturist. He laid out the format for the book and we continued working together on it via phone and email.

Years went by and Andrew and Julie continued working to make this book perfect. When it came time to take new pictures, Little Nine Heaven students from across the world came together to shoot pictures and submit

them for the book. Andrew and Julie's school in Manchester, students in Pennsylvania, and California students all took part and worked together to help make this the best ever written on Hsing-I. I know that my Masters would be proud of us preserving their teachings. I would like to first thank Master Hsu Hung-Chi and Master Chiao Chang-Hung for all their teachings and their trust in me for the many years we trained. I also want to thank Andrew & Julie for their dedication and loyalty to Little Nine Heaven. I want to thank all of my other students who have helped make this book possible: Al Lam, James Doty, Gary Doty, John Meiner, Matt Schackno, Tige Johnson, Colin Kane, Stephen Baker, Ajay Kumra, Mike Foster, Brian Atkinson, and Simon Hill.

Upcoming Seminars and Events

JUNE

Seattle, WA
June 14th to 22nd
Private Lessons

JULY

Irvine, CA
July 1st to 13th
Shih Shui Kung

AUGUST

Copenhagen, Denmark
July 30th to August 15th
Shih Shui/ Taoist
Lovemaking

SEPTEMBER

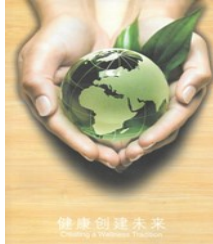
Deerfield, IL
September 14th to 24th
Shih Shui Kung & Chi Kung

OCTOBER

China
October 10th to 22nd
Beijing, Yi Wu-Lu Mountain, Grandmaster
Chiao's home, San Quin
Temple (where he
trained), Shanghai and
Ping Zu temple

To the men and women who have donated to our Little Nine Heaven Corp.: I want to thank you all for helping our system grow throughout the world. Little Nine Heaven Wu Tao will only get stronger thanks to your help. We will be able to help others receive the health benefits of L9H and to learn its true meaning. Thank you.

I'm happy to have received e-mails from many people telling me that the herbal products we have on our website are helping them as it does for me. If you are interested in making your future a brighter and healthier one contact me by text or (949) 636-1573 or email me at siful9h@gmail.com



NHT GLOBAL



Health Supplements



Little Nine Heaven Inc is a tax exempt, Section 501(c)(3) entity that collects donations to be used to its mission which is to preserve and protect the purity of Little Nine Heaven (the oldest Taoist system known today dating back to 2698 BC) knowledge for future generations.

The money collected through donations is to be used to promote this mission by supporting activities such as trademarking the logo in various jurisdictions, protecting intellectual property, compiling authorized materials which set forth the Little Nine Heaven knowledge, and recognizing the next generation's leadership of Little Nine Heaven.

Please help support our mission by sending checks payable to Little Nine Heaven Inc. to:

**Little Nine Heaven Inc. (c/o James McNeil)
13772 Margene Circle
Irvine, CA 92620**

Soon, we will have a website devoted to this tax-exempt organization where you can make online contributions.